



# What's New in Multiple Myeloma?

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# Disclosures

- ▶ Speakers Bureau (unbranded)
  - ▶ Janssen, Millennium-Takeda
- ▶ Research
  - ▶ Amgen
- ▶ Bone Marrow Transplant Attending (probably more important than any of the above!)

# Outline

- ▶ S0777: Long Term Follow up
- ▶ E1A11: VRd vs KRd
- ▶ GRIFFIN: Dara-VRd vs VRd
- ▶ Extended KRD
- ▶ MYRE: CyVD vs VD

# Newly Diagnosed Myeloma

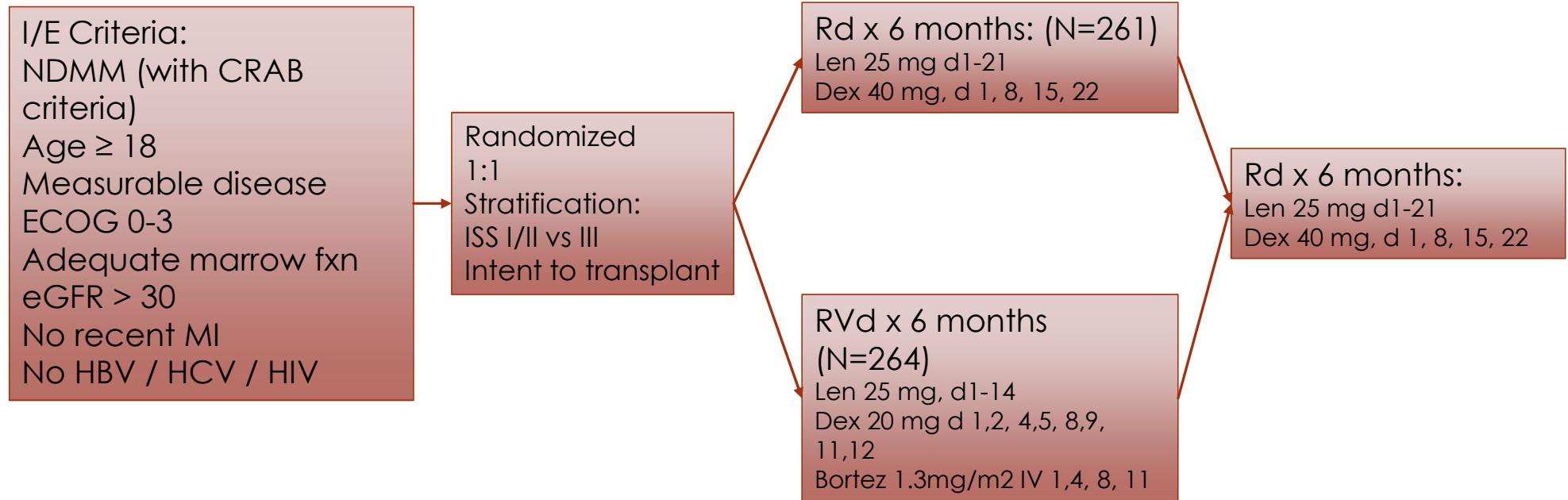
WHAT IS THE CURRENT  
STANDARD OF CARE IN  
2020?



## How Should Front Line Therapy be Approached?

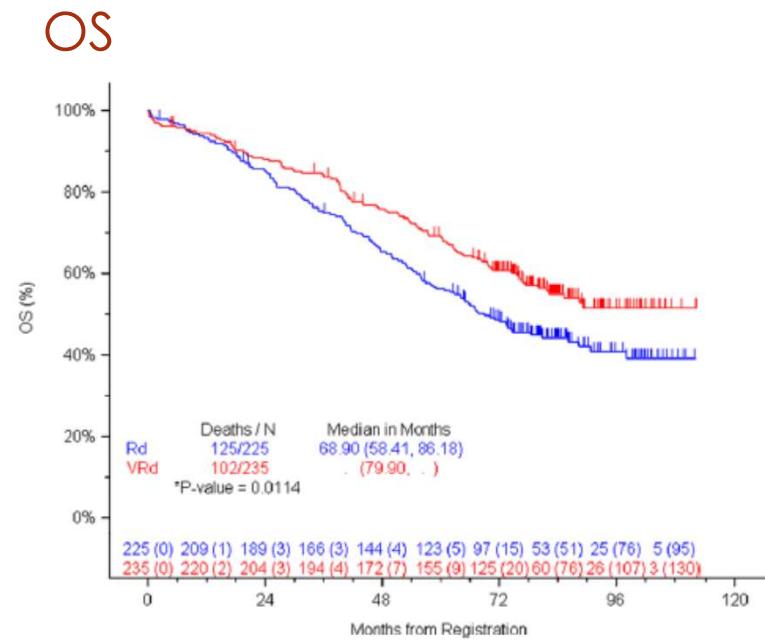
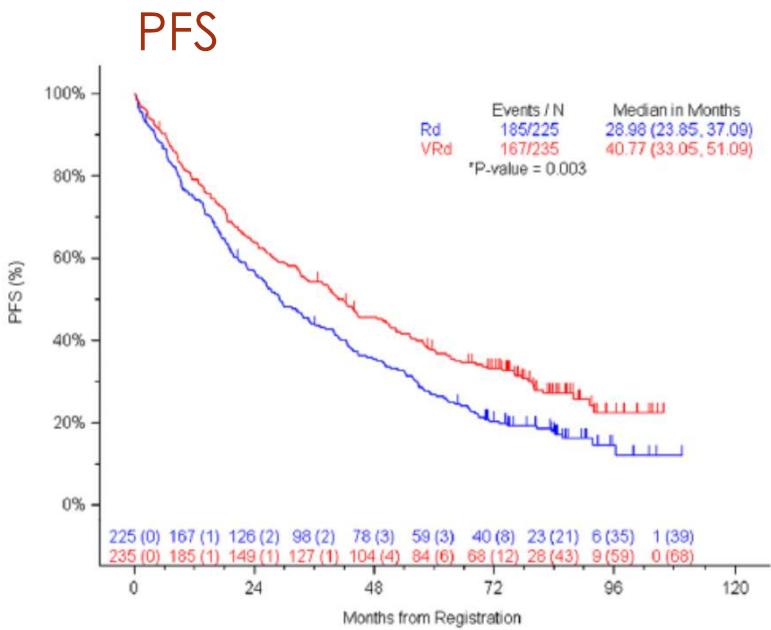
- ▶ Incurable disease – thus goals of therapy tailored to individual patients
- ▶ In modern era of therapy, prolongation of life while minimizing toxicity is achievable
- ▶ Minimize treatment related morbidity
  - ▶ Patient comorbidity – may need to de-escalate
  - ▶ Rapidly progressive renal failure – may need more rapid disease control

# S0777: Trial Schema



Durie et al Lancet 2017  
Durie et al BCJ 2020

# S0777: PFS and OS



Durie et al Lancet 2017  
Durie et al Blood Canc Jour 2020

**Table 5 Adverse events at least possibly attributable to study drug by category.**

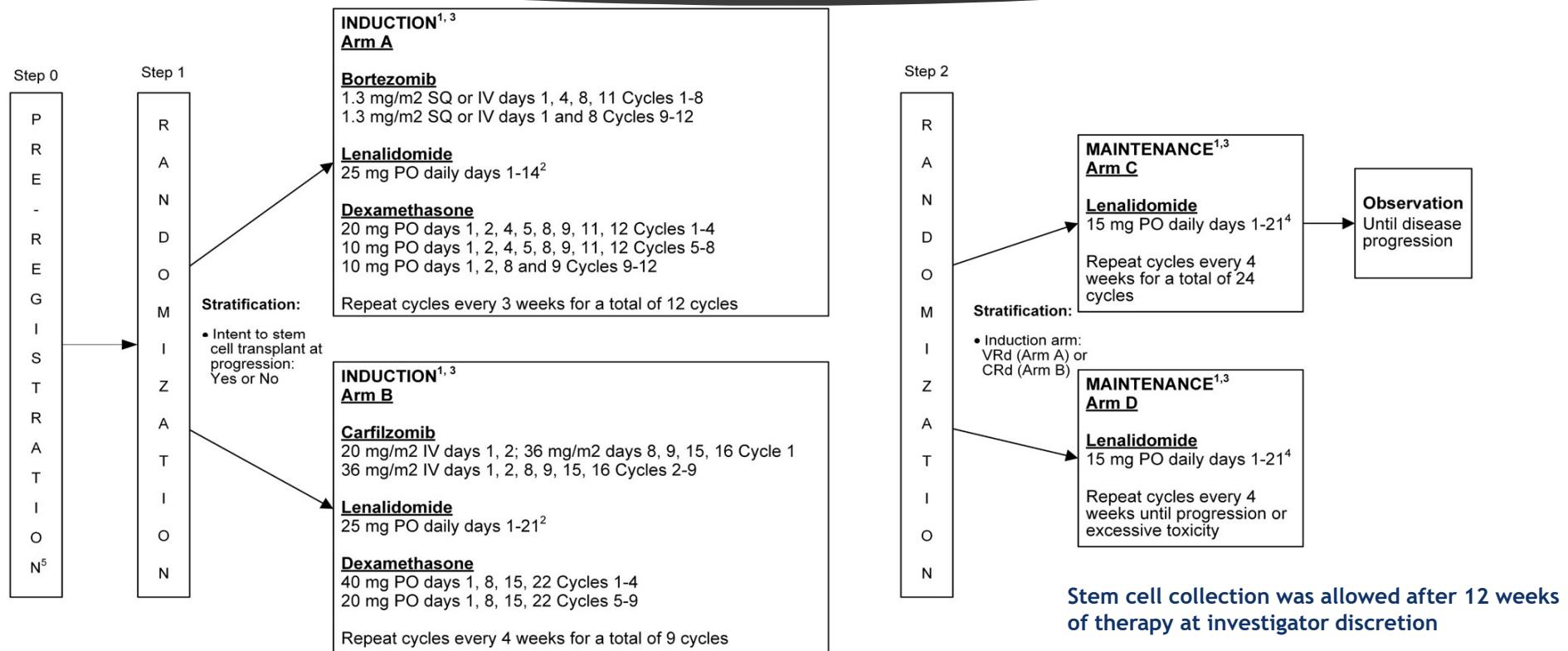
Adverse event description	Revlimid/dexamethasone (N = 222)					Velcade/Revlimid/dexamethasone (N = 234)				
	1	2	3	4	5	1	2	3	4	5
Allergy/immunology	12 (5%)	5 (2%)				10 (4%)	4 (2%)	2 (<1%)		
Auditory/ear	1 (<1%)	16 (7%)				1 (<1%)	8 (3%)			
Blood/bone marrow	22 (10%)	53 (24%)	68 (31%)	39 (18%)		27 (12%)	52 (22%)	70 (30%)	44 (19%)	
Cardiac arrhythmia	5 (2%)	4 (2%)	4 (2%)			10 (4%)	3 (1%)	3 (1%)		
Cardiac general	13 (6%)	9 (4%)	8 (4%)			15 (6%)	17 (7%)	21 (9%)		
Coagulation	1 (<1%)		3 (1%)					5 (2%)		
Constitutional symptoms	61 (27%)	77 (35%)	38 (17%)			60 (26%)	84 (36%)	51 (22%)		
Death				1 (<1%)					2 (<1%)	
Dermatology/skin	60 (27%)	23 (10%)	9 (4%)			50 (21%)	41 (18%)	7 (3%)	1 (<1%)	
Endocrine	11 (5%)	8 (4%)				7 (3%)	12 (5%)			
Gastrointestinal	77 (35%)	71 (32%)	19 (9%)			64 (27%)	79 (34%)	51 (22%)	2 (<1%)	1 (<1%)
Hemorrhage/bleeding	13 (6%)	2 (<1%)				9 (4%)	3 (1%)	8 (3%)		
Hepatobiliary/pancreas			2 (<1%)							
Infection	1 (<1%)	31 (14%)	27 (12%)	4 (2%)		1 (<1%)	33 (14%)	34 (15%)	7 (3%)	1 (<1%)
Lymphatics	58 (26%)	19 (9%)	1 (<1%)			73 (31%)	26 (11%)	4 (2%)		
Metabolic/laboratory	56 (25%)	58 (26%)	51 (23%)	13 (6%)		50 (21%)	58 (25%)	57 (24%)	8 (3%)	
Musculoskeletal/soft tissue	25 (11%)	25 (11%)	16 (7%)	1 (<1%)		15 (6%)	31 (13%)	24 (10%)		
Neurology	78 (35%)	44 (20%)	21 (9%)	3 (1%)	1 (<1%)	42 (18%)	70 (30%)	77 (33%)	4 (2%)	
Ocular/visual	21 (9%)	8 (4%)	11 (5%)			39 (17%)	17 (7%)	6 (3%)		
Pain	44 (20%)	29 (13%)	10 (5%)			55 (24%)	43 (18%)	28 (12%)		
Pulmonary/upper respiratory	42 (19%)	27 (12%)	9 (4%)	1 (<1%)		56 (24%)	17 (7%)	15 (6%)	5 (2%)	
Renal/genitourinary	3 (1%)	2 (<1%)	9 (4%)	1 (<1%)		10 (4%)	3 (1%)	6 (3%)		
Secondary malignancy			5 (2%)	1 (<1%)				5 (2%)	2 (<1%)	
Sexual/reproductive function	1 (<1%)	1 (<1%)	1 (<1%)			3 (1%)	1 (<1%)			
Syndromes			2 (<1%)			1 (<1%)	2 (<1%)	4 (2%)		
Vascular		7 (3%)	15 (7%)	6 (3%)		1 (<1%)	9 (4%)	20 (9%)	4 (2%)	

Can we do better than VRd?

**Carfilzomib or bortezomib in combination with lenalidomide and dexamethasone for patients with newly diagnosed multiple myeloma without intention for immediate autologous stem-cell transplantation (ENDURANCE): a multicentre, open-label, phase 3, randomised, controlled trial**

Shaji K Kumar, Susanna J Jacobus, Adam D Cohen, Matthias Weiss, Natalie Callander, Avina K Singh, Terri L Parker, Alexander Menter, Xuezhong Yang, Benjamin Parsons, Pankaj Kumar, Prashant Kapoor, Aaron Rosenberg, Jeffrey A Zonder, Edward Faber Jr, Sagar Lonial, Kenneth C Anderson, Paul G Richardson, Robert Z Orlowski, Lynne I Waqner, S Vincent Rajkumar

# Patient Randomization and Treatment Schedule



## Key Eligibility Criteria

- ▶ Previously untreated MM with no intent for immediate (upfront) SCT
- ▶ **None of the following high-risk features (t(14;20), t(14;16), del17p, LDH > 2 X ULN, no plasma cell leukemia)**
- ▶ ECOG performance status 0, 1, or 2 (PS 3 if secondary to pain)
- ▶ Adequate hematological parameters and organ function
- ▶ Measurable disease in serum, urine, or bone marrow
- ▶ No grade  $\geq 2$  peripheral neuropathy
- ▶ NYHA III or IV heart failure or MI < 6 months were excluded

# Baseline Demographics

		VRd (n=542)	KRd (n=545)	Total (n=1087)	VRd (n=542)	KRd (n=545)	Total (n=1087)		
Variable	Category	N (%)	N (%)	N (%)	Variable	median (IQR)	median (IQR)		
Age (y), median (range)		64 (32-88)	65 (35-86)	65 (32-88)	Bone marrow plasma cell (%)	52 (30-75)	50.5 (30-72)	51 (30-75)	
	>/=70 years	167 (30.8)	177 (32.5)	344 (31.6)	Albumin (g/dL)	3.8 (3.4-4.2)	3.8 (3.4-4.2)	3.8 (3.4-4.2)	
	>/=65 years	264 (48.7)	288 (52.8)	552 (50.8)	Beta 2 microglobulin (ug/mL)	3.6 (2.6-5.6)	3.9 (2.8-6)	3.8 (2.6-5.8)	
Gender	Male	315 (58.1)	327 (60.0)	642 (59.1)	Hemoglobin (g/dL)	11 (9.6-12.4)	11.2 (9.8-12.6)	11.1 (9.7-12.5)	
Race	White	443 (84.5)	448 (86.3)	891 (85.4)	Calcium (mg/dL)	9.3 (8.9-9.8)	9.4 (8.9-9.8)	9.3 (8.9-9.8)	
	Black	68 (13.0)	59 (11.4)	127 (12.2)	Serum M Spike (g/dL)	3 (1.8-4.2)	2.9 (1.8-4.2)	3 (1.8-4.2)	
	Other	13 (2.5)	12 (2.3)	25 (2.4)	Urine M Spike (mg/24hr)	297.8 (64.9-1099)	257.1 (49.4-1312.4)	275 (56.4-1157)	
ECOG PS	PS0	212 (39.1)	241 (44.2)	453 (41.7)	Creatinine (mg/dL)	1 (0.8-1.3)	1 (0.8-1.3)	1 (0.8-1.3)	
	PS1	270 (49.8)	249 (45.7)	519 (47.8)	Lactate Dehydrogenase (U/L)	171 (136-222)	166 (135-203)	168 (136-209)	
	PS2-3	60 (11.1)	55 (10.1)	115 (10.5)					
ISS Stage	I	144 (30.6)	157 (32.5)	301 (31.6)	Variable	Category	N (%)	N (%)	
	II	203 (43.1)	207 (42.9)	410 (43.0)	Cytogenetics	Normal	326 (71.8)	331 (72.3)	657 (72.0)
	III	124 (26.3)	119 (24.6)	243 (25.5)		Abnormal	128 (28.2)	127 (27.7)	255 (28.0)
						Missing	88	67	175
Measurable Disease	SPEP&UEP	115 (21.2)	114 (20.9)	229 (21.1)	t(11;14)	Abnormal	87 (20.6)	80 (18.7)	167 (19.7)
Type	SPEP	305 (56.3)	296 (54.3)	601 (55.3)	t(4;14)	Abnormal	44 (10.4)	36 (8.4)	80 (9.4)
	UEP	57 (10.5)	79 (14.5)	136 (12.5)					
	FLC	58 (10.7)	51 (9.4)	109 (10.0)					
	Bone Marrow	4 (0.7)	4 (0.7)	8 (0.7)					
	Not Measurable	3 (0.6)	1 (0.2)	4 (0.4)					

# Induction Treatment Status

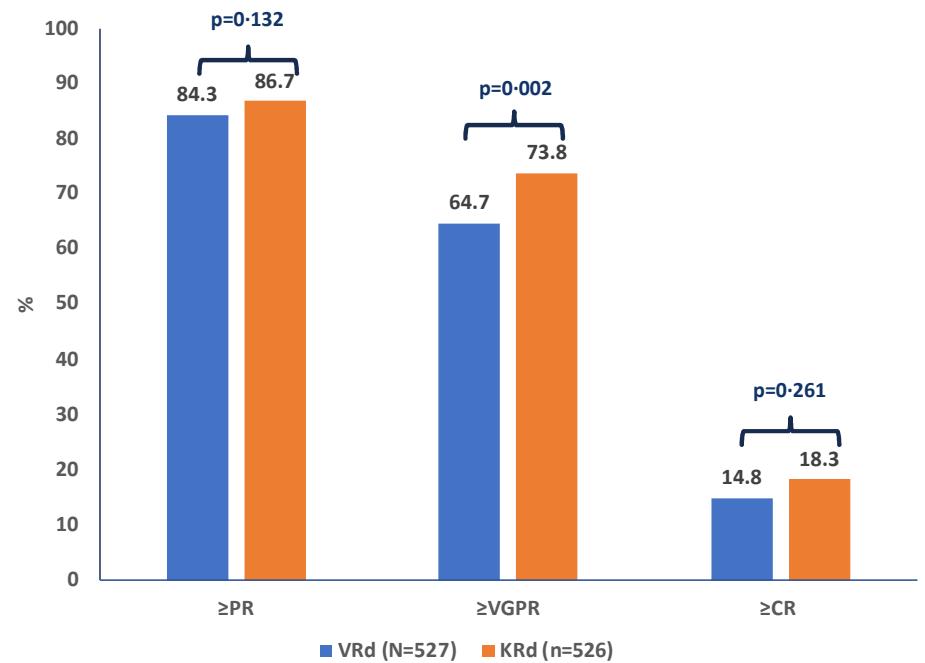
N=1053 starting assigned treatment

Reason	VRd (n=527)	KRd (n=526)	Total (n=1053)
	N (%)	N (%)	N (%)
Treatment Completed	228 (43.3) →	324 (61.6)	552 (52.4)
Disease Progression	33 (6.3)	19 (3.6)	52 (4.9)
Adverse Events/ Complications	91 (17.3) →	52 (9.9)	143 (13.6)
Death	6 (1.1)	15 (2.9)	21 (2.0)
Patient Withdrawal/ Refusal	39 (7.4)	22 (4.2)	61 (5.8)
Alternative Therapy	93 (17.7)	72 (13.7)	165 (15.7)
Other Complicating Disease	13 (2.5)	5 (1.0)	18 (1.7)
Non-Compliance	7 (1.3)	3 (0.6)	10 (1.0)
MD Decision	8 (1.5)	4 (0.8)	12 (1.1)
Other	9 (1.7)	10 (1.9)	19 (1.8)

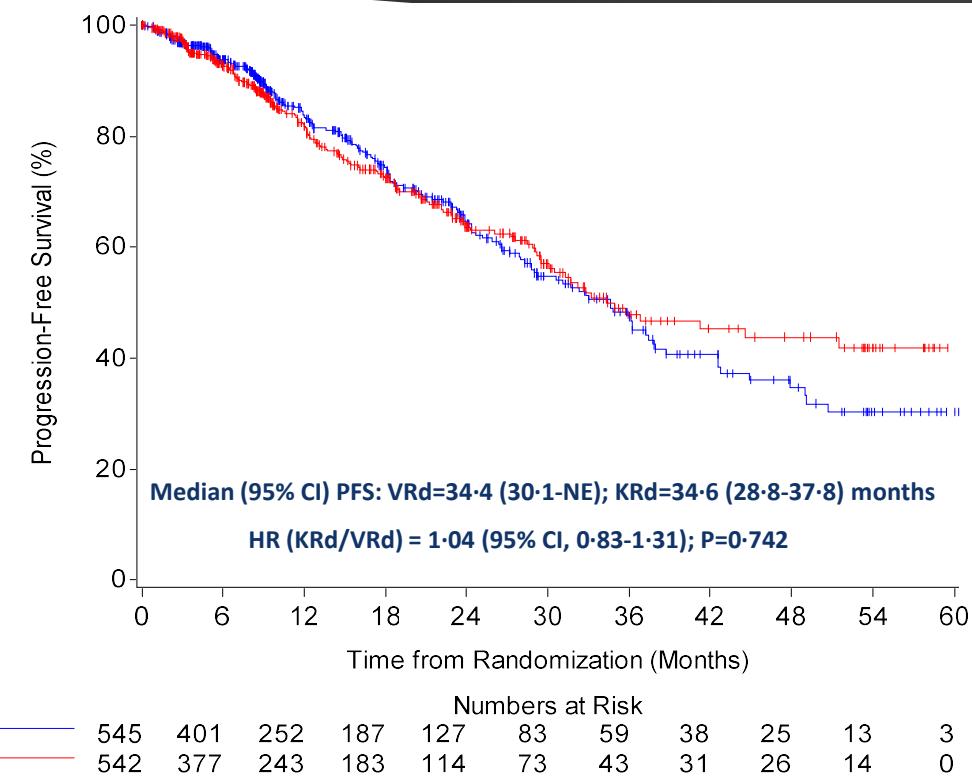
	VRd (n=542)	KRd (n=545)	Total (n=1087)
	N (%)	N (%)	N (%)
Received SCT	152 (28.0)	146 (26.8)	298 (27.4)
Median (range); months	6.5 (3.5-36.6)	8.9 (3.7-56.9)	
IQR	4.8-10.4	6.0-15.1	

# Response To Induction

	VRd (n=527)	KRd (n=526)	Total (n=1053)
Category	N (%)	N (%)	N (%)
<b>Stringent Complete Response</b>	21 (4.0)	31 (5.9)	52 (4.9)
<b>Complete Response</b>	57 (10.8)	65 (12.4)	122 (11.6)
<b>Very Good Partial Response</b>	263 (49.9)	292 (55.5)	555 (52.7)
<b>Partial Response</b>	103 (19.5)	68 (12.9)	171 (16.2)
Stable Disease	40 (7.6)	34 (6.5)	74 (7.0)
Progressive Disease	1 (0.2)	0 (0.0)	1 (0.1)
Unevaluable/Insufficient	42 (8.0)	36 (6.8)	78 (7.4)

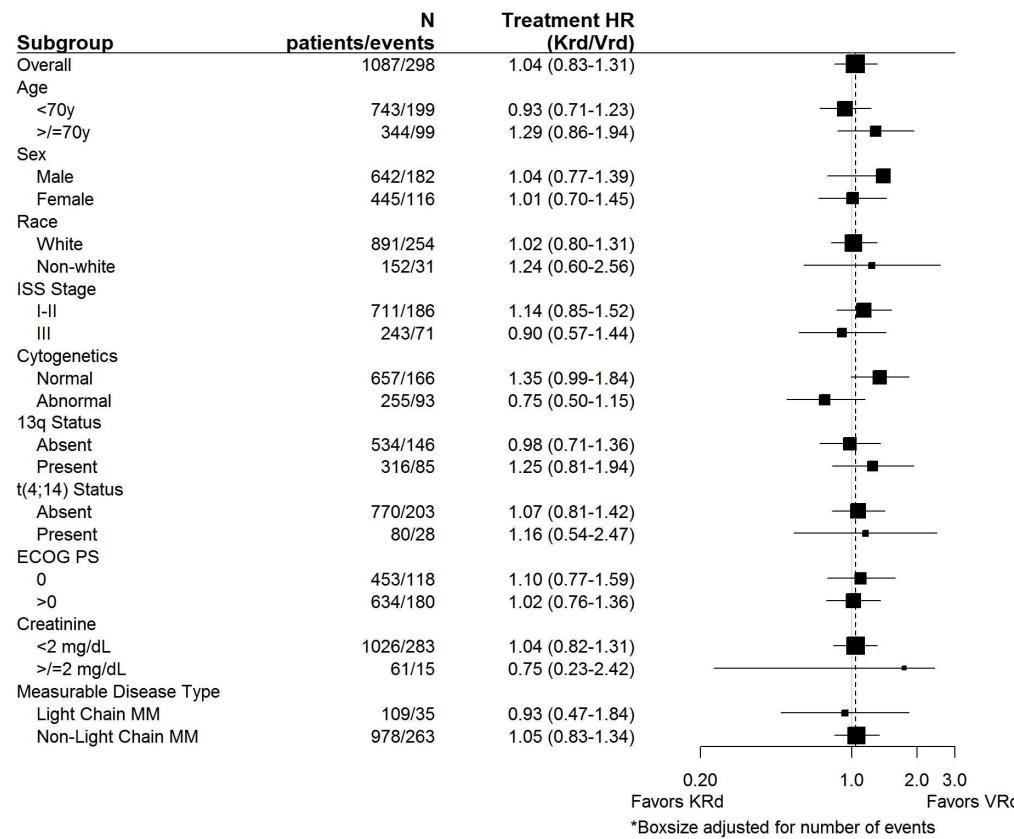


# Progression Free Survival from Induction Randomization

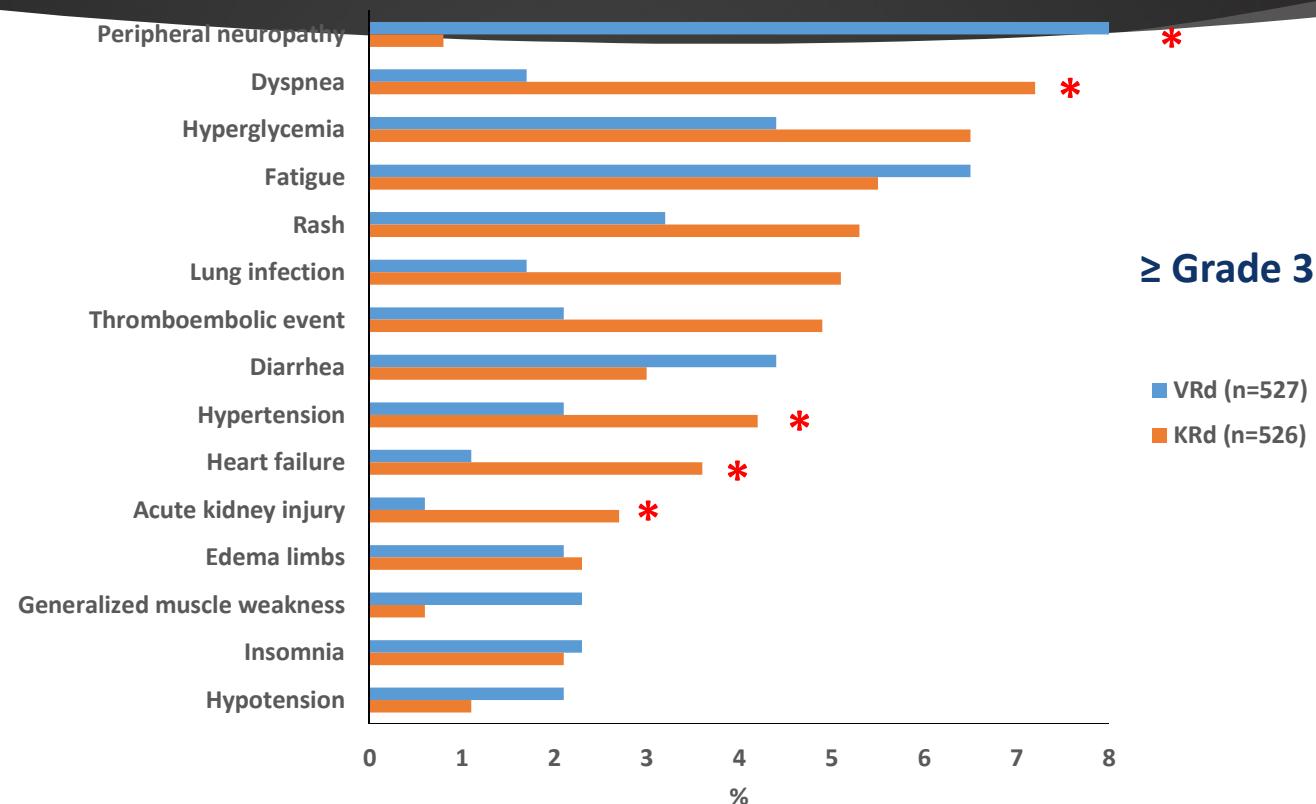


- ▶ 2<sup>nd</sup> interim analysis of PFS (Jan 2020): 298 PFS events (75% of 399 planned)
- ▶ Median (95% CI) estimated follow up of 15 (13-18) months
- ▶ For patients  $\geq 70$  years, median PFS(95% CI) for VRd = 37 (29-NE) and KRd = 28 (24-36) months
- ▶ With censoring at SCT or alternative therapy: Median PFS (95% CI) for VRd = 31.7 (28.5-44.6) and KRd = 32.8 (27.2-37.5) months

# Progression Free Survival in Subgroups



## Non-hematologic: Treatment-Related AEs ( $\geq 2\%$ )



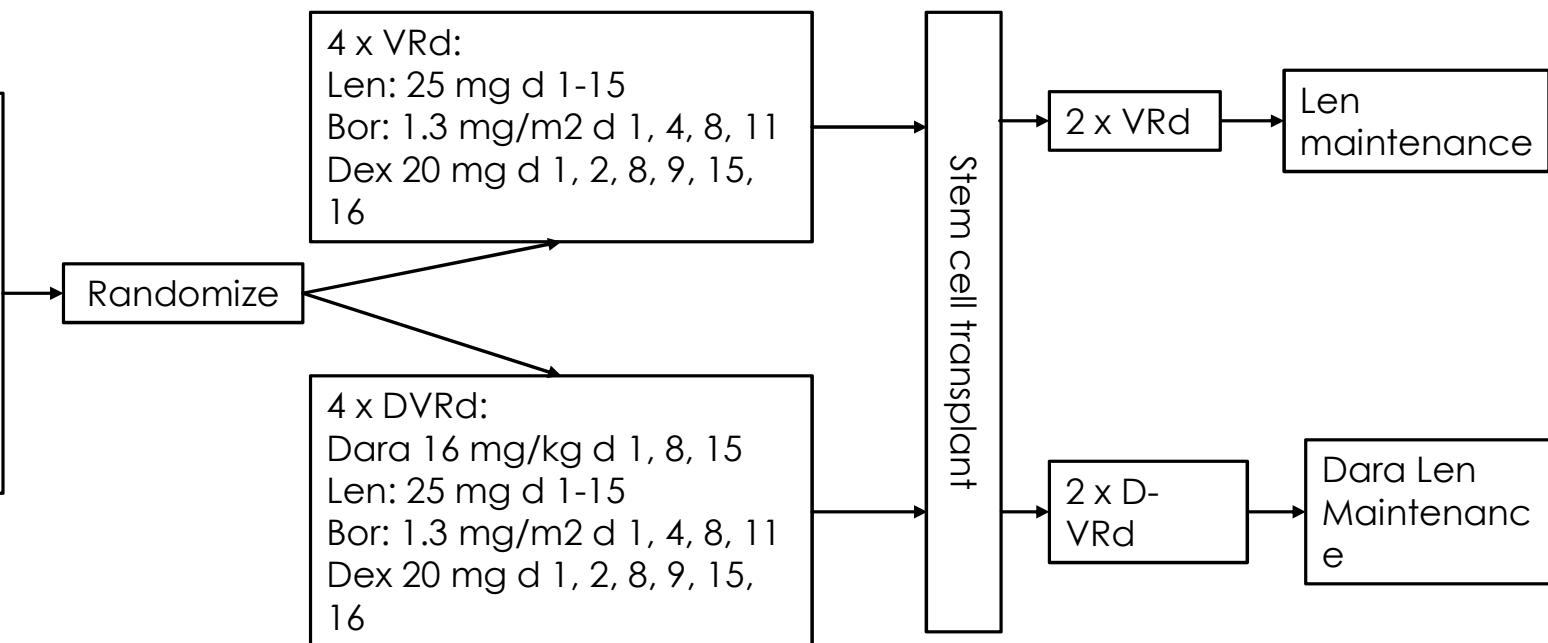
# Can we do better than VRd?

## Daratumumab, lenalidomide, bortezomib, and dexamethasone for transplant-eligible newly diagnosed multiple myeloma: the GRIFFIN trial

Peter M. Voorhees,<sup>1</sup> Jonathan L. Kaufman,<sup>2</sup> Jacob Laubach,<sup>3</sup> Douglas W. Sborov,<sup>4</sup> Brandi Reeves,<sup>5</sup> Cesar Rodriguez,<sup>6</sup> Ajai Chari,<sup>7</sup> Rebecca Silbermann,<sup>8</sup> Luciano J. Costa,<sup>9</sup> Larry D. Anderson Jr,<sup>10</sup> Nitya Nathwani,<sup>11</sup> Nina Shah,<sup>12</sup> Yvonne A. Efebera,<sup>13</sup> Sarah A. Holstein,<sup>14</sup> Caitlin Costello,<sup>15</sup> Andrzej Jakubowiak,<sup>16</sup> Tanya M. Wildes,<sup>17</sup> Robert Z. Orlowski,<sup>18</sup> Kenneth H. Shain,<sup>19</sup> Andrew J. Cowan,<sup>20</sup> Sean Murphy,<sup>21</sup> Yana Lutska,<sup>21</sup> Huiling Pei,<sup>22</sup> Jon Ukrepec,<sup>23</sup> Jessica Vermeulen,<sup>24</sup> Carla de Boer,<sup>24</sup> Daniela Hoehn,<sup>21</sup> Thomas S. Lin,<sup>21</sup> and Paul G. Richardson,<sup>3</sup> for the GRIFFIN Trial Investigators

# Design

Newly Diagnosed MM:  
Age 18 – 70  
ECOG 0-2  
ASCT eligible  
Adequate marrow function  
Adequate liver function  
eGFR >29



# GRiffin: Demographics and Toxicity

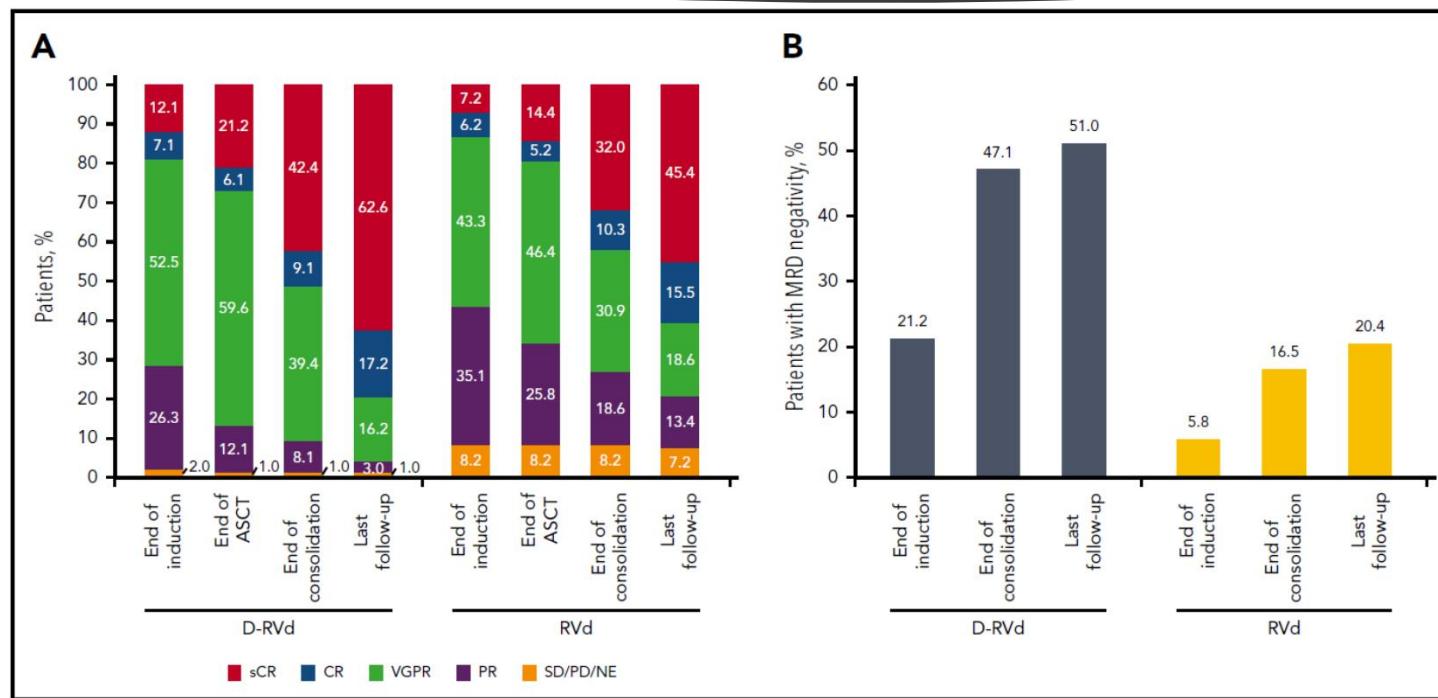
Table 1. Patient demographic and disease characteristics in the intent-to-treat population at baseline

	D-RVd	RVd
<b>Age, y</b>		
Median (range)	n = 104 59 (29-70)	n = 103 61 (40-70)
Category, n (%)		
<65	76 (73.1)	75 (72.8)
≥65	28 (26.9)	28 (27.2)
<b>Sex, n (%)</b>	n = 104	n = 103
Male	58 (55.8)	60 (58.3)
Female	46 (44.2)	43 (41.7)
<b>ECOG performance status, n (%)*</b>	n = 101	n = 102
0	39 (38.6)	40 (39.2)
1	51 (50.5)	52 (51.0)
2	11 (10.9)	10 (9.8)
<b>ISS disease stage, n (%)†</b>	n = 104	n = 103
I	49 (47.1)	50 (48.5)
II	40 (38.5)	37 (35.9)
III	14 (13.5)	14 (13.6)
Missing	1 (1.0)	2 (1.9)
<b>Baseline creatinine clearance, mL/min, n (%)</b>	n = 104	n = 103
30-50	9 (8.7)	9 (8.7)
>50	95 (91.3)	94 (91.3)
<b>Cytogenetic risk profile, n (%)‡</b>	n = 98	n = 97
Standard	82 (83.7)	83 (85.6)
High risk	16 (16.3)	14 (14.4)
<b>Time since diagnosis of MM, mo</b>	n = 103	n = 102
Median (range)	0.7 (0-12)	0.9 (0-61)

↑(4;14),  
↑(14;16),  
del(17p)

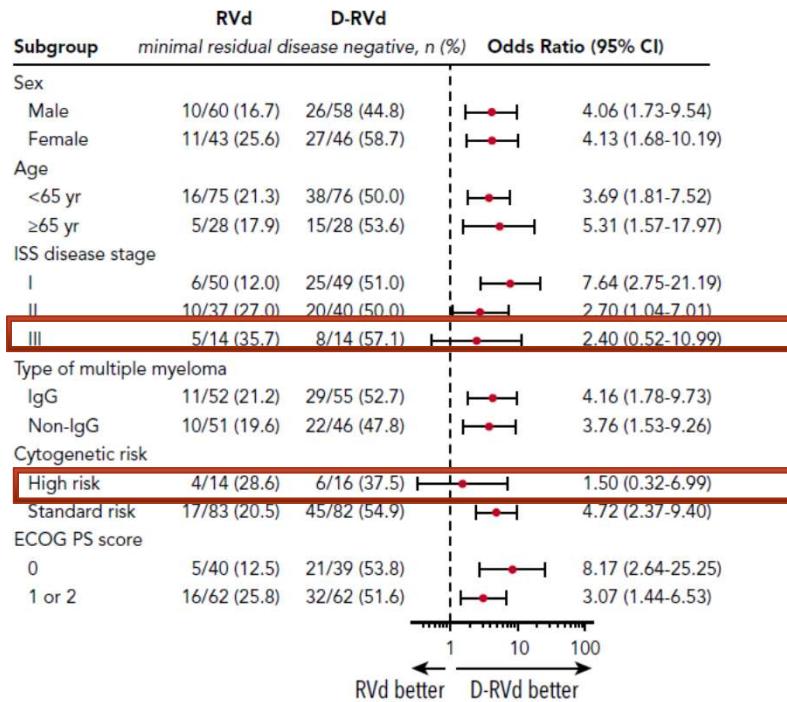
Adverse event, n (%)	D-RVd, n = 99		RVd, n = 102	
	Any grade	Grade 3/4	Any grade	Grade 3/4
<b>Hematologic</b>				
Neutropenia	57 (57.6)	41 (41.4)	36 (35.3)	22 (21.6)
Thrombocytopenia	43 (43.4)	16 (16.2)	36 (35.3)	9 (8.8)
Leukopenia	36 (36.4)	16 (16.2)	29 (28.4)	7 (6.9)
Anemia	35 (35.4)	9 (9.1)	33 (32.4)	6 (5.9)
Lymphopenia	30 (30.3)	23 (23.2)	28 (27.5)	22 (21.6)
<b>Nonhematologic</b>				
Fatigue	68 (68.7)	6 (6.1)	62 (60.8)	6 (5.9)
Upper respiratory tract infection	62 (62.6)	1 (1.0)	45 (44.1)	2 (2.0)
Peripheral neuropathy*	59 (59.6)	7 (7.1)	74 (72.5)	8 (7.8)
Diarrhea	59 (59.6)	7 (7.1)	51 (50.0)	4 (3.9)
Constipation	51 (51.5)	2 (2.0)	40 (39.2)	1 (1.0)
Cough	50 (50.5)	0	27 (26.5)	0
Nausea	49 (49.5)	2 (2.0)	50 (49.0)	1 (1.0)
Ptyrexia	45 (45.5)	2 (2.0)	28 (27.5)	3 (2.9)
Insomnia	42 (42.4)	2 (2.0)	31 (30.4)	1 (1.0)
Back pain	36 (36.4)	1 (1.0)	34 (33.3)	4 (3.9)
Peripheral edema	34 (34.3)	2 (2.0)	35 (34.3)	3 (2.9)
Aрthralgia	33 (33.3)	0	33 (32.4)	2 (2.0)
Infusion-related reaction	42 (42.4)	6 (6.1)†	NA	NA

# GRiffin: Responses deepen over time



# D-VRd: Subgroup analysis of sCR rates

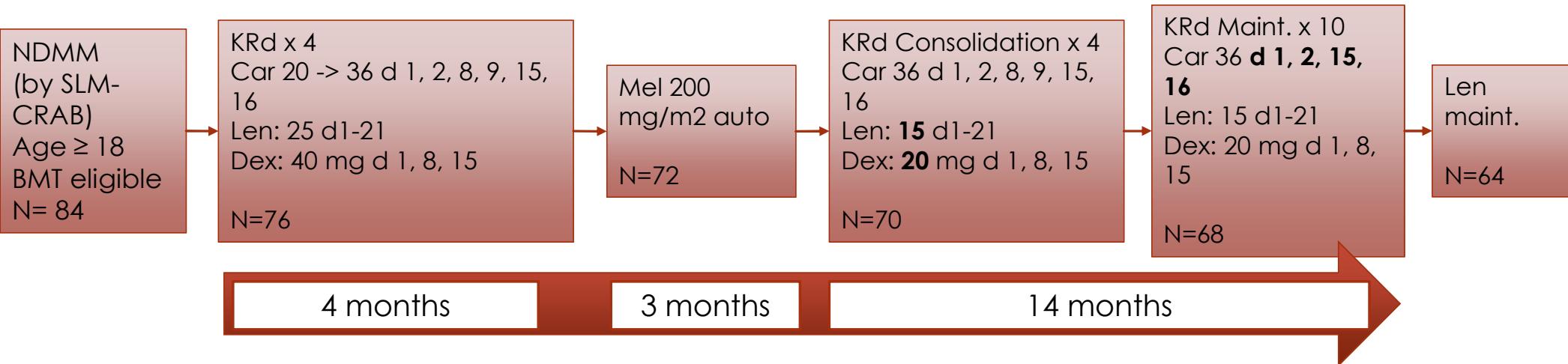
**B** Median follow-up, 22.1 months



# Is KRd really dead for NDMM?

## MMRC Extended KRd trial

### (The new total therapy?)



# MMRC Extended KRd: Demographics and Toxicity

Characteristic	N=76
Age	
Median years (range)	59 (40–76)
≥65 years, n (%)	21 (27.6)
Sex, n (%)	
Male	45 (59.2)
Female	31 (40.8)
ECOG performance status, n (%)	
0–1	65 (85.5)
Unknown	11 (14.5)
ISS Stage, n (%)	
I	31 (40.8)
II	31 (40.8)
III	10 (13.2)
Unknown	4 (5.3)
Cytogenetic risk by FISH*, n (%)	
High	27 (35.5)
Deletion 17p†	11 (14.5)
Ultra-high risk‡	8 (10.5)
Standard	49 (64.5)
Serum β <sub>2</sub> -microglobulin, n (%)	
<3.5 mg/L	45 (59.2)
≥3.5 mg/L, %	24 (31.6)
Unknown	7 (9.2)

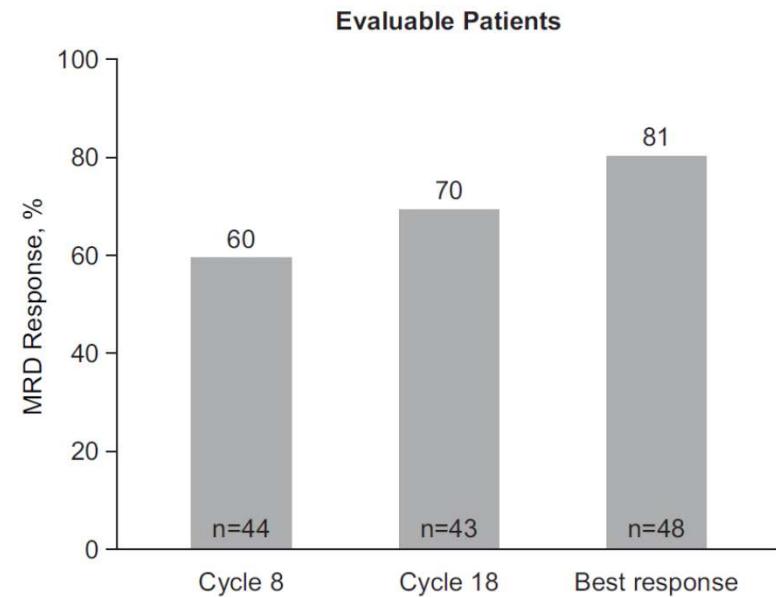
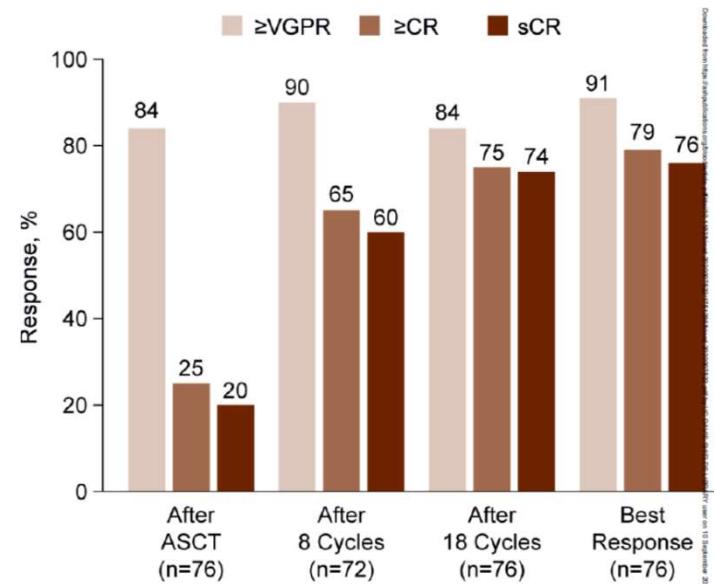
\*Defined per IMWG: t(4;14), del(17p), t(14;16), t(14;20), non-hyperdiploidy and gain(1q).

Table 3. Treatment-emergent adverse events during KRd\*

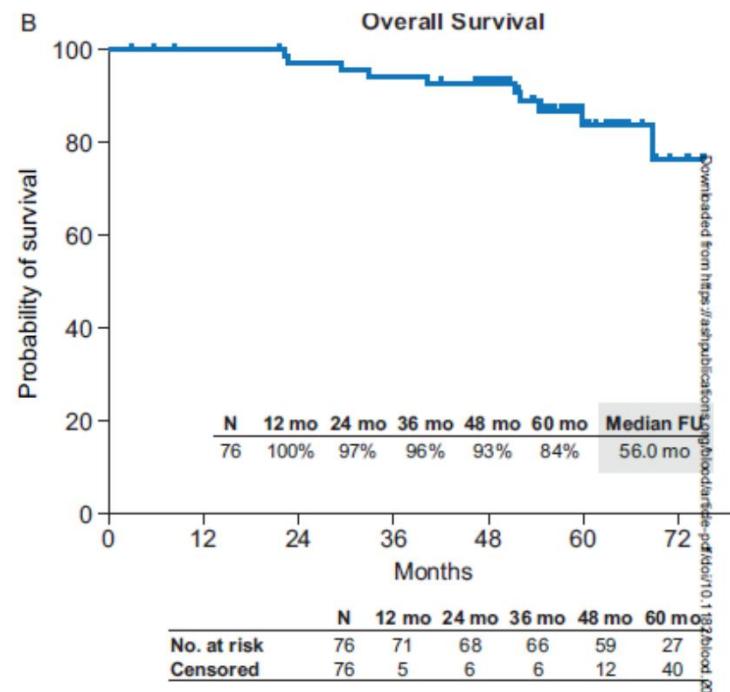
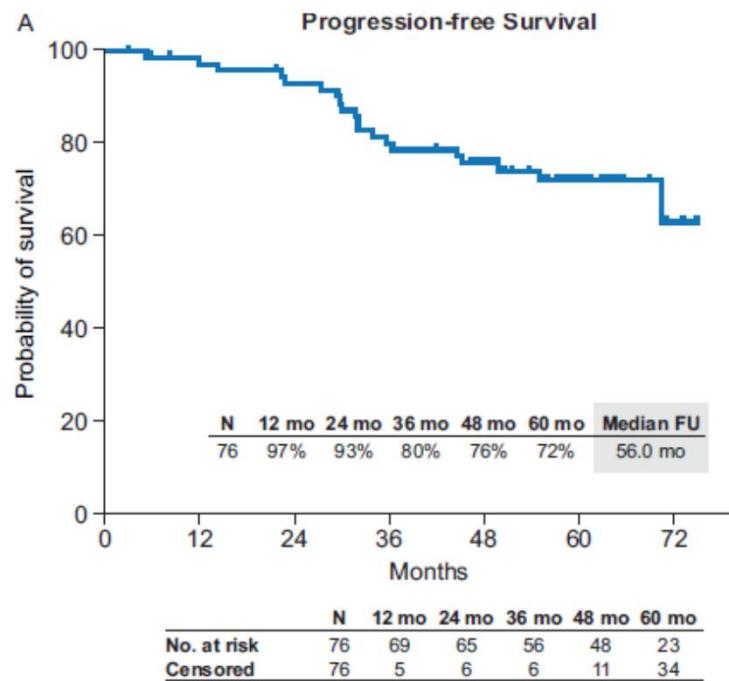
	KRd +ASCT N=76	
	All Grade, n (%)	Grade 3/4, n (%)
Hematologic		
Thrombocytopenia	47 (62)	11 (14)
Anemia	32 (42)	9 (12)
Lymphopenia	32 (42)	24 (32)
Neutropenia	30 (39)	26 (34)
Non-hematologic		
Infection	56 (74)	17 (22)
Fatigue	51 (67)	4 (5)
Diarrhea	39 (51)	7 (9)
Hyperglycemia	33 (43)	6 (8)
Dyspnoea	30 (39)	2 (3)
Peripheral neuropathy	32 (42)	0
Rash	33 (43)	4 (5)
Hypophosphatemia	22 (29)	11 (14)
Hypertension	15 (20)	4 (5)
Thromboembolic events	14 (18)	5 (7)
Cardiac events†	10 (13)	2 (3)

# MMRC Extended KRd: Responses improve throughout KRd exposure

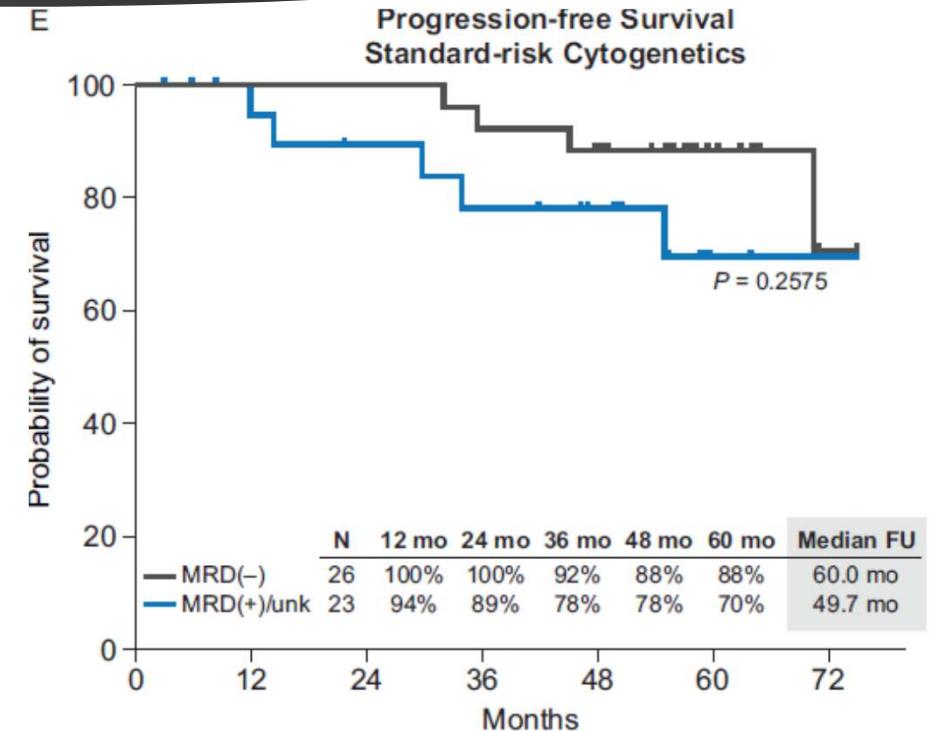
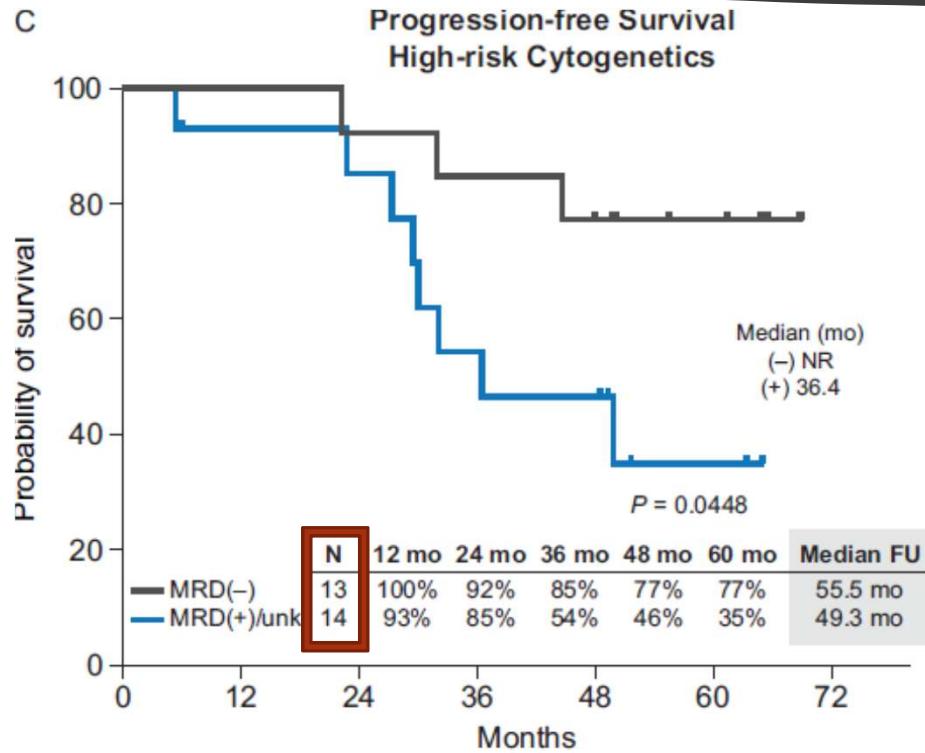
MRD  
Negativity



# MMRC: Extended KRd PFS and OS



# MMRC: Extended K Rd: PFS by High Risk and Standard Risk Cytogenetics



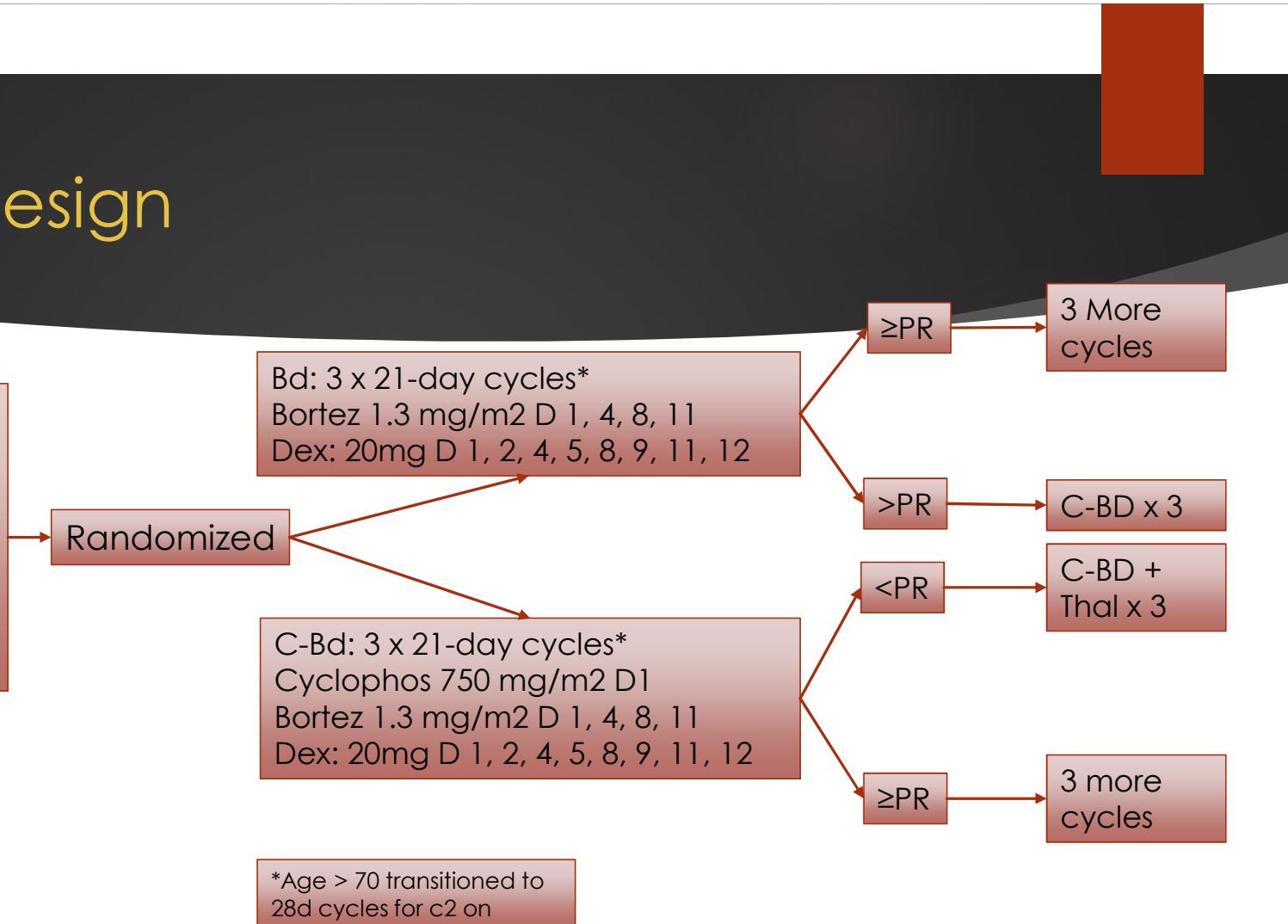
# NDMM with Acute Kidney Injury

## Randomized Trial Comparing Double Versus Triple Bortezomib-Based Regimen in Patients With Multiple Myeloma and Acute Kidney Injury Due to Cast Nephropathy

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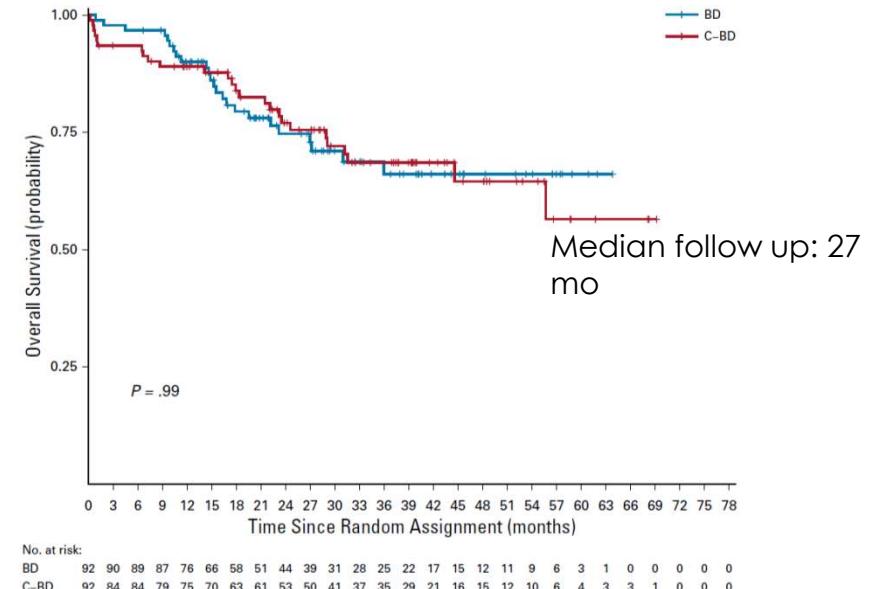
# MYRE: Design

I/E Criteria  
NDMM with Cast  
Nephropathy  
Not dialysis dependent  
No pre-existing CKD  
No neuropathy  
No AL amyloid  
No uncontrolled infection



# MYRE: Responses and OS

- ▶ Renal response at 3 months
  - ▶ BD: 44.6%
  - ▶ C-BD: 51.1%
  - ▶ Risk ratio 0.87 (0.64 – 1.18)
- ▶ Overall Response at 3 months
  - ▶ BD: 78.3%
  - ▶ C-BD: 77.2%
- ▶  $\geq$ VGPR at 6 months
  - ▶ BD: 46.8%
  - ▶ C-BD 51.1%
  - ▶ RR 0.88 (0.66 – 1.17)



# Newly Diagnosed Multiple Myeloma: Summary

- ▶ The standard of care of NDMM should be RVd based on S0777 and E1A11: ENDURANCE
  - ▶ BUT.... E1A11 excluded t(14;16), t(14;20) and del(17p)
- ▶ The CR and MRD- rates with extended KRd in the high risk population are provocative
  - ▶ I may still consider this, since these patients were excluded from E1A11
- ▶ What about D-RVd?
  - ▶ If you're an "early adopter," or if you think MRD- rates are an adequate surrogate, GRIFFIN probably gives you enough push to adopt now
  - ▶ While I personally would like to see some data on PFS, we're beginning to incorporate into our treatment plans
  - ▶ It will be hard to assess survival outcomes in GRIFFIN because of the difference in post-BMT maintenance
  - ▶ Interestingly, D-RVd did not seem to affect outcomes in high-risk populations. More to come with this, I'm sure (along with all the caveats that come with sub-group analyses)
- ▶ For NDMM with AKI:
  - ▶ Bolus dosing of cyclophosphamide is not effective
  - ▶ However, hyper-fractionated cyclophosphamide, or lower dose oral cyclophos may provide improved outcomes by providing more consistent cytotoxic therapy
  - ▶ Randomized trials are clearly needed in this population